St. Clair Hospital
Diabetes Center

ST. CLAIR HOSPITAL DIABETES CENTER
2000 OXFORD DR STE 430
BETHEL PARK, PA 15102-1841
(412) 942-2151
FAX – (412) 942-2149

**BLOOD GLUCOSE LOG SHEET**

**PATIENT NAME:** _____

**DATE OF BIRTH:** _____

| DATE | BREAKFAST | | LUNCH | | DINNER | | BEDTIME | | COMMENTS |
|---|---|---|---|---|---|---|---|---|---|
| MONTH/ DAY | BEFORE MEAL | AFTER MEAL | BEFORE MEAL | AFTER MEAL | BEFORE MEAL | AFTER MEAL | BEFORE SNACK | AFTER SNACK | |
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